



MAMMOGRAPHY

Mammography uses low dose x-rays to get high resolution images of the breast. Mammograms are used in the detection of breast cancer, both as a diagnostic and a screening tool.

Mammography is offered at our Red Deer location.

Covered by Alberta Health Care

Referrals are necessary for all bookings
(Excluding screening patients aged 45 - 75)

Screening Exam Duration: 10 - 30mins

Diagnostic Exam Duration: 30 - 60mins

PATIENT PREPARATION

- ✔ Dress comfortably, with loose, easy to remove, clothing.
- ✘ No deodorants, antiperspirants, lotions or powders.
- ✔ When you are booking your exam, please tell us of any prior breast imaging you have had.

WHAT TO EXPECT DURING YOUR EXAM:

- ✔ You will be checked in at the front desk and taken to the mammography waiting room.
- ✔ A technologist will come and call you by name and take you into a mammography exam room.
- ✔ She will go over a questionnaire with you. If you have been in before, she will update the information that we already have. If it is your first visit, she will ask you questions and fill out the entire form.
- ✔ The technologist will go over the exam with you and explain what she is going to do. You will be asked to undress from the waist up, and provided with a gown if you choose one.
- ✔ Once the exam is complete, you will either be told that you can get dressed and go home, or you will be given a gown and be asked to have a seat in the waiting room while the technologist checks the images. You may need further imaging at the radiologist's discretion.

AFTER YOUR EXAM:

- ✔ If you had a screening mammogram, it is possible that you will be recalled for further imaging and we will call you directly using the phone number you have given us at the time of booking.
- ✔ As part of a province wide mandate from the Alberta Cancer Board, CAMIS will send "results letters" directly to all screening patients.
- ✔ You will be sent a reminder postcard at the appropriate interval for your next mammogram.

CARE YOU DESERVE, RESULTS YOU TRUST.

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